



MONTHLY WHEATER



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September 2009

September 2009 Notes

September's meeting/ride was held September 20, 2009 at the March of Dimes® Bikers for Babies® Ride at the Kansas Speedway in Kansas City, Kansas. Present were Rachel Howland and Ruth Schuetz.

Rachel and Ruth met up at the Quit Trip on K-7 at 8:30 AM and after topping off with gas they rode on over to the Kansas Speedway where they meet up with Darren Rose. After walking around for a while we took the ride. Then it was back to the speedway for the lunch that was provided.

As we wandered through the vendors handing out brochures and covering what is coming up in the next few months, we ran into prospective member Kathy Barnette. Rachel said that she hadn't received a response to last month's newsletter and we also started talking about what we wanted to do for Christmas this year. We want to do the Fruit Bags for the veterans residing at the Leavenworth VA Hospital Domiciliary again this year and make a donation to a charity that would benefit women, but we haven't decided which one that should be yet.

Meeting Notice

October's meeting will be a joint meeting with the Wildflowers. It will be held on Sunday October 18, 2009 at 2 PM at Hays House 1857 Restaurant & Tavern, 112 West Main Street, Council Grove, Kansas. Call a friend, meet up and ride or carpool on over. Hope to see you there.

Upcoming Rides and Events

October 15 thru 18, 2009 - The 17th Annual Biketoberfest® will be held in Daytona Beach, FL. This international award-winning motorcycle festival offers participants an extended weekend

get-away of sun, beaches, bikes and fun. For additional information visit their site at: <http://www.daytonachamber.com/bwhome.html>.

November 29, 2009 - 26th Annual A.B.A.T.E. of Kansas ~ District 4 "Toys for Tots Ride". The ride will originate at Orscheln Farm & Home, 1139 SW Wanamaker Road, Topeka, Kansas. Registration begins at Noon with the ride departing the parking lot at 2pm and ending at the AG Hall Expocentre, 17th & Topeka Blvd. (There will be no rain date.)

July 6, 7 & 8, 2010 - Women On Wheels® 24th International Ride-In will be held at the Stratton Mountain Resort in Stratton, Vermont. The Ride-In is always a great place to renew treasured friendships and creating new ones while discovering great roads to ride. For more information about this event or Women On Wheels®, visit: <http://www.womenonwheels.org/>.

First Sunday of each month - March through November ride to Cassoday, KS for breakfast and to meet with others riders from around the area.

Second Sunday of the month - Ladies, March through October, gather up your gear and significant others and ride over to Burlingame, Kansas for breakfast at Santa Fe Café, on the Santa Fe Trail - (Hwys 56 & 31). Breakfast is served from 7:30 AM to 2:00 PM.

Third Saturday of each month - Ride over to Marquette, KS for a Biker Breakfast at the Valley Cafe. The Buffet Breakfast is served year round between 8:00 and 11:00 a.m. then lunch from 11:00 a.m. and 1:00 p.m. Then after breakfast you could visit the Kansas Motorcycle Museum. Marquette, KS is just off of K-4 Hwy, 14 miles west of I-135 Exit 78. For more information about this event visit <http://www.ksmm.us/> and click on "Biker Breakfasts".

Third Sunday of each month - Ride to Emma's Chase Café in Cottonwood Falls, KS.

(2 sandwiches each)

Last Sunday of each month - El Dorado Hot Rod Café, at 206 S. Main, El Dorado, KS. Breakfast is served at 8:00 AM. Ride down and enjoy the Museum of Old Harleys, Indians, and Hot Rods on display. There are always lots of bikes for sale. You can watch Easy Rider movies on Big Screen, play pool, or dance to the music on the old jukebox.

THD Calendar of Events

Upcoming Rider's Edge Classes

Class 129: October 8 thru 13, 2009

Class 130: October 15 thru 20, 2009 (WOMEN ONLY)

Class 131: October 22 thru 27, 2009

Class 132: November 12 thru 17, 2009



Turkey-Cranberry Club Sandwiches

Recipe courtesy of Cooking for 1 or 2
Quick, Easy, Satisfying

- 1 can (8 ounces) pineapple tidbits, drained
- 1 can (5 ounces) chunk white turkey in water, drained
- 1/3 cup grated carrot
- 1/4 cup chopped green pepper
- 1/4 cup chopped canned walnuts or almonds
- 1 tablespoon chopped green onion
- 3 tablespoons reduced-calorie mayonnaise
- 1/4 cup reduced-fat cream cheese, softened
- 1 can (16 ounces) brown bread, cut into 12 slices (scant 1/2-inch slices)
- 1/4 cup canned whole berry cranberry sauce

Combine pineapple, turkey, carrot, green pepper, walnuts and onion in small bowl; stir in mayonnaise.

Spread cream cheese on 4 bread slices; top with cranberry sauce. Add 4 bread slices; top with turkey mixture and remaining bread slices.

Makes 2 servings

Variation: 1 can (6½ ounces) light tuna in spring water, drained, or 1 can (5 ounces) chunk white chicken in water, drained, can be substituted for the turkey.

Favorite recipe from **Canned Food Information Council**

How Many Can You Answer?

True or False

1. Stinky is one of the four ghosts in the video arcade game Pac-Man.
2. Joseph Lister revolutionized the medical field of surgery.
3. A cat has 7 rows of whiskers on its face.
4. The Beatles were once called Johnny and the Moondogs.
5. Quarterflash sang "Rock Around the Clock".
6. Soviet youths defied the police by dance the "Mashed Potato" in Red Square on May Day, 1967.
7. Seagulls, like most other birds, can not drink salt water.
8. In the Middle Ages, chicken soup was believed to be an aphrodesiac.
9. The first known encyclopedias date back to the Vikings.
10. 108. In ancient Rome, it was considered a sin to eat the flesh of a woodpecker.

ANSWERS: 1. False. 2. True. 3. False. 4. True. 5. False. 6. False. 7. False. 8. True. 9. False. 10. True.

Web Sites

Women On Wheels ® Home Page:

www.womenonwheels.org

You can find Women On Wheels® Membership Applications and Ride-In Registration Forms, under the sub header "Forms". Kansas

Wheathearts

www.kswheathearts.com

American Motorcycle Association

www.ama-cycle.org

A.B.A.T.E. of Kansas ~ District 11

<http://district11.abateks.org/>

Topeka Harley-Davidson

www.topekaharley.com

For motorcycling news and information designed for the ladies, visit.

Women Riders Now
<http://www.womenridersnow.com/>

If you are looking for new accessories and can't seem to find them around where you live, you might try one of the following.

Competition Accessories
www.competitionaccessories.com

J&M Corporation
www.jmcorp.com

Here are a few Web Sites for Motorcycle Activities:

Air Capital Wings Chapter A – Wichita, KS
www.gwtakschapters.com

Kansas District Region "E"
www.gwrra-ks.org

Contact Members/Officers

Acting State Ambassador

Ruth A. Schuetz
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Chapter Director

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Final Thought

Ladies, the Kansas Wheathearts is your chapter. As Chapter Director, I'd like your input and ideas on changing the chapter, keeping it the way it is, or helping it grow. I'd like to do rides instead of straight meetings, but I need some information from you, the members. Any feedback would be welcome.





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"A diamond is a piece of coal that stuck to its job."

Anonymous